

# 名古屋外国語大学海外派遣プログラム成果報告書

2022年3月7日

学部・学科名\_\_\_\_外国語学部・英米語学科\_\_\_\_

担当教員氏名\_\_\_\_\_宇治谷 映子\_\_\_\_\_

1. 区分	中期留学 ・ <span style="border: 1px solid black; padding: 2px;">語学研修</span> ・ 海外実習
2. プログラム名称	英米語学科 春期アメリカ研修
3. 渡航先国名	アメリカ（オンライン）
4. 派遣期間	2022年2月14日（月）～ 2022年2月25日（金） 平日10日間
5. 派遣先教育機関名	カリフォルニア大学リバーサイド校（UCR）
6. 参加学生数	11名
7. 派遣目的	アメリカ文化の多様性についてその歴史を通して学ぶ。 異文化への気付きを深め、異文化間コミュニケーション能力を高める。
8. 派遣内容	アメリカの多文化主義、人種、偏見、日系アメリカ人、先住アメリカ人、異文化間コミュニケーション能力などについての毎日の講義に加え、「リーダーシップ」の授業をUCRの正規学生と共に3回受講する。LAにある「全米日系人博物館」と「Museum of Tolerance」のスタッフを招き、学生の意見を聞きながら展示物を紹介してもらう活動もあった。
9. 成果	研修の満足度を5段階で尋ねたところ11名中9名から「5:とても満足」との回答が得られた。その理由としては、「英語で意見を述べる自信」、「共感力」、「文化の違いを異文化理解のモデルを使って説明する力」、「チームで協力してプロジェクトを成し遂げる力」「リーダーシップ」などが身に付いたことが挙げられる。アンケートでは学んだことを今後の留学や就職活動、地球規模の課題解決に活かして行きたいと述べられていた。

10. 備考	特になし
--------	------

以上

## Report on the UCR Online Program

1. What have you learned about yourself, other students or the course content? List three things with examples.

I have learned many things through this program. The best thing I have learned is that even though my English is not correct and unclear, there are people who try to understand my opinions. I did not have the courage to speak English more actively. I did not think that I had such courage before this program because I am very timid and was afraid of failing. However, teachers asked classmates' opinions many times in class. I tried to say my opinion actively in small steps. I felt my teachers validated my opinions. I was very pleased and I learned the importance of trying to speak English and tell what I want to say, not to speak English well.

The second thing is how to communicate with my teammates who are strangers and work together to create one thing from scratch. Before this program, I have experienced such work once or twice. However, this time was the most difficult one for me because I had to make a presentation which included the introduction of an office there and the allotted time was over 20 minutes. Then, I had to proceed effectively. Sometimes it was difficult to match all members' opinions and thoughts. As a senior, I tried to enjoy and make a good presentation for them. It was very hard, but I could make it one of the good memories.

Third one is about the content of the leadership workshop. In the class, I learned the leader is not a position, but an action. The phrase was the most impressive for me. When I was a student in junior high school and high school, I became a leader many times. Every time, I tried to become a good leader and focused on giving accurate instructions. However, I noticed that it is not a true leader. In the next year, I will become a leader of the Airline Industry Research Group. I want to become a good leader with this phrase in mind.

2. How have you changed since you started taking this course? List three things with examples.

The first thing I could change is that I could remove the hesitation to say my opinion in English. As I wrote before, I did not have courage to speak English in front of native Americans. However, after The enthusiasm for expressing my opinion was conveyed to the teacher, I could tell my opinion more confidently.

The next thing is that I tried to learn something new from what I was not interested in. I basically do not like learning history. It is very boring for me. However, I tried to get wisdom about US history and think about it by myself. Actually, I had various thoughts for Japanese-Americans and enjoyed it. I felt

that whether the content becomes interesting or not depends on my attitude.

The last thing is that I was able to review the priorities of what I should do. The amount of homework was more than I expected. Also, as I wrote before, making a presentation was a hard task. In addition to it, I had my private affairs, I had to deal with them by design. It was a good opportunity to review how to use time effectively.

3. How would you like to apply what you have learned for your future?

There are many things that I want to apply for my future. I learned how to become a good leader and the importance of telling my opinion without hesitation mainly. In the next year, I will take classes focused on discussion such as seminars. I want to tell my thoughts whenever and whatever I am while listening carefully to the opinions of others. The contents I learned in the leadership workshop were very important, so I want to fulfill my camp not only in university class, but also in the workplace in the future. In addition to them, I want to use my attendance at this program as a courage for future challenges.

## Report on the UCR Online Program

1. What have you learned about yourself, other students or the course content? List three things with examples.

①

I learned how to communicate with others actively. In the program, I experienced group work with my mates. First, we could talk little because we did not each other and were passive and afraid of express our feelings. However, we had had the big presentation and needed cooperate. We had many tasks, so we divided them to each member. Through the preparation for the presentation, we had gradually become united. Finally, we made it and presented together. I was pleased that we completed it and became good friends. I also realized that we can learn the goodness of members through the cooperation.

②

I learned the concept of the cultural dimensions. It means the frameworks used to understand the differences in culture across countries and to discern the ways that business is done across different cultures. That helped me to know how to regard every cultural difference. For example, people who are from collectivism would like Japanese who tend to focus on success for their groups. When people do not understand each other, they might have cultural barriers. If they have knowledge how different each culture is, they can remove them.

③

I leaned how the U.S. had been constructed and many kinds of people had been opposed. For example, Native Americans were colonized by European in 1492. Japanese Americans in California were forced to remove to south coast. Many black people have experienced the discrimination in the U.S. I think all these ethnicities have experienced common feelings; they might feel sad. We know that many black people have been struggling for a long term. However, I had never imagined even Native Americans' allies has been, too. I understood whoever got deprived their tradition and culture would suffer for many years since then.

2. How have you changed since you started taking this course? List three things with examples.

①

My consciousness of suppression has changed. I took the virtual tours of The Japanese American National Museum and Museum of Tolerance. There, I saw many objects and video recording. I keenly felt how sad and shocking suppression is. I was also impressed by guides' stories. They told me who need take actions to help oppressed groups is us, not others. I thought I had to be aware of my role to protect them.

②

My consciousness of cultural differences has changed. I felt criticizing other cultures is not correct. I learned whether people consider the other cultures are good or not would be according to the culture which people are in. That means we have no absolute way to consider the quality of cultures and no reason to criticize them. I thought I should respect them and be willing to understand them, even if we cannot sympathize them.

③

My global and historical awareness has changed. To be frankly, before I had the program, I had thought that I had been outside the international and historical issues around the world. The reason why I had thought so is that I had never focused on people's feelings. The program and virtual tours of some museums told me that numerous people had too sad feelings because of these issues. After the program I felt I want to take actions to heal them and I became to search global problems. I want to keep aware of them.

3. How would you like to apply what you have learned for your future?

I want to teach Japanese the facts of the global issues and how they make people feel. I think many Japanese are not interested in them because they don't have sympathy with people out of Japanese as previous me.

I think it is usual for people not to have sympathy with any happenings which are not related to them; most will not with the end of John F. Kennedy. Sadly, most Japanese may regard many global problems unrelated to them because they live in an island.

Through the program, I realized appealing to heart is effective for people to be willing to take actions. Thus, I will teach them what I saw during the virtual tours of the Japanese Americans Museum and the Museum of Tolerance. Although it may not sound smart, I believe it will be helpful. I think appealing to hearts can change their attitude, because many countries hate wars because they and their ancestors have experienced them and felt sad. I'll open my mind and appeal to people, make them my friends, and then, help people struggling with global issues with them.

## Report on the UCR Online Program

1. What have you learned about yourself, other students or the course content? List three things with examples.

I have learned many things about myself, other students, or the content. I was especially able to get three great experiences through this American program.

I have learned that my English skills are needed to develop more because I could not summarize my opinions in a short time. Also, I realized that I have to understand myself. When I took the leadership course, I paired with a UCR native student in the breakout room. Then, I could not listen to her because I was very upset. From these things, I realized that I was not accustomed to the situation of talking with native speakers except for English teachers, so I understand that I have to practice speaking skills. Likewise, I have to have more confidence in my English skills. By doing that, I may display my best performance at that time.

Second, I learned people can make better stuff by cooperating with other members. In this situation, my group made the final presentation through many discussions. When we talked about the final presentation, we opened each role and confirmed what we have to do next. Through this experience, I learned that dividing roles is an effective way to promote the work smoothly and thoroughly.

Third, I learned how to communicate in cross cultures. I did not know the kinds of communication features in many cultures or countries. Especially, I surprised at uncertainty avoidance. Some countries need many information or databases at important occasions. On the other hand, some countries do not need those, instead they need the summarized consequence. By understanding those points, I can communicate well between other countries.

2. How have you changed since you started taking this course? List three things with examples.

I have changed my thinking of my English skills, stereotypes, and importance for smooth communication. I could get a positive transition through this program.

First, I could have a little confidence in my English because a teacher earnestly listened to my opinion that is not completed grammar. From this experience, I realized that I could tell native speakers my thinking even though my English is complicated. That connects to grow my confidence.

Second, through a virtual tour of the Museum of Tolerance, I could get



a new perspective about stereotypes. When we saw the red and green doors, I could not choose an “unprejudiced “door that one is green. I have known that even though people have understood that prejudice was not justice, they might have prejudices. Also it is important to pay more attention to my actions not to hurt other people.

Third, I have changed the idea of communicating. I used to think that the most effective way to have nice communication is speaking positively and respectfully before I took classes. Now I think that way is understanding cross cultures.

3. How would you like to apply what you have learned for your future?

I would like to apply what I learned in this project to studying abroad. From this second semester, I will go to the United States for a year. If I face conflict with other students or roommates, I will try to think about their countries' features of communication and understand them. By doing this, it may become a better situation. Also, I have learned how to cooperate with other members effectively. I think that may be useful for group activities at work in the future. Therefore, I think all things through this American program are significant to not only my English life but also my career.

We have learned about discriminations and prejudices through each session, so keeping in mind those things may relate to world peace. Then, continuing to learn about those is significant for not repeat worse histories like concentration camps of Japanese Americans or race or gender discrimination. As a result, I will do my best to make use of what I learned in class so that I can be on the side of those who are suffering.