

# 名古屋外国語大学海外派遣プログラム成果報告書

2023年2月15日

学部・学科名 現代国際学部 現代英語学科

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1. 区分	中期留学 ・ 語学研修 ・ 海外実習
2. プログラム名称	ダブリンシティ大学中期留学プログラム
3. 渡航先国名	アイルランド
4. 派遣期間	2022年9月24日(土)～ 2022年12月17日(土) 85日間
5. 派遣先教育機関名	ダブリンシティ大学
6. 参加学生数	9名
7. 派遣目的	英語を母国語とする国で、英語を集中的に学び、コミュニケーション能力の向上を図るとともに、ボランティア・インターンシップ等を通じ、現地の風土・文化に触れ、異文化理解を深めることを目的とする。
8. 派遣内容	1～4週目までは語学研修を行い、5～12週目は午前は現地大学で語学研修、午後からはインターンシップ研修となり、学生の希望に沿う業種の現地研修地で「働きながら、コミュニケーション能力向上」に努める。語学研修はダブリンシティ大学の中にある語学学校で行われ、留学生だけでなく現地の学生とも交流することが可能な環境である。インターンシップについては、研修先の例にレストラン、ホテル、旅行会社、翻訳関連会社、教育機関、等がある。参加学生は現地の人々と共に働き、現地の人々相手に英語を使用し、緊張感のある職場体験とともに接客を通じて実践的な英語表現を体験する。

<p>9. 成果</p>	<p>帰国後のアンケート、レポートでは以下のような成果が挙げられていた。</p> <ul style="list-style-type: none"> <li>・世界各地の友達を作ることができ、多くの人と知り合っ て世界を広げることができた。それぞれの国の考え方や歴史からくる価値観の違いなどを知ることができた。また授業では自分の意見を英語で伝えることやディスカッションスキルを上げ、より正確な文法で話すことができるようになった。</li> <li>・英語力、とくにスピーキング能力が伸びたと感じているが、それ以外にも自分から積極的に行動することや挑戦することを意識して取り組んだため、怖気づいてしまうことが無くなった。気持ちの面での成長が特に見られた。</li> <li>・様々な環境に適応する能力が身に着いた。また、何事も積極的に挑戦すること。</li> <li>・英語力と自分に自信が持てるようになり、問題解決力がついた。</li> </ul>
<p>10. 備考</p>	<p>なし</p>

以上

## The 2022 English Study and Work Experience Programme

1) I would say it is the most important thing to get involved with people actively and it is the most interesting thing to be able to learn new things every day. I worked at the convenience store at my university. There are a lot of people from different countries like Mexico, China, Brazil, and India. First, I could hardly talk to my colleague actively because I didn't have confidence in my English. Since I got used to it, I talked to them actively every day. Thanks to it, it is easier to hear English and I could feel that it is more fun to speak English than before. Therefore, it is the most important to get involved with people actively without being afraid of making mistakes to improve English. In addition, when I worked, I had a lot of opportunities to talk with customers. I could learn new words and expressions from these conversations every day. Also, it is interesting to learn various culture differences when I talked with my colleagues. My colleagues were the same generation as me so I could talk with them about some topics like our university and love. I could always talk with them happily because there are many things that are different from Japan.

2) My most special memory from this programme is that I made some friends I can respect. My colleagues all work hard for various purposes like attending university in different countries, getting university graduates in Ireland, and sending money to their families living in their home countries. In addition, there are a lot of people whose native language isn't English but they can speak English fluently and they study English hard. I was inspired by it. Sometimes we studied English together while looking up unfamiliar words and expressions. I still keep in touch with them by using SNS frequently. After coming back to Japan, it is useful for improving my English to send messages in English every day. In particular, there are a lot of people who are interested in Japanese foods and anime in my workplaces. Fortunately, I'm also interested in these things so I knew well. Even now, we often talk about them and exchange impressions about them by using SNS. I'm so glad to have made these friends aboard and they are my best friends forever even if we live in different countries.

3) My goals were to have confidence in my English and to learn customer service abroad. I would say I could achieve both of them throughout this experience. I'm thinking of working in the hospitality industry. Throughout I experienced this working programme, I feel even stronger about it now. In addition, trying without fear of failure is a very big step forward for me in the future. I had confidence in not only my English but also in myself. Also, I used to be persistent in my objectives so much but now I have a bird's eye view of things and a broader perspective. Also, I had many opportunities to talk about Japanese culture with my colleagues and customers, so I could learn about things about Japan that I

had never known before, and I did a lot of research on my own to learn more about Japan. I was able to go sightseeing in different countries during my holiday, which was also a great experience because the people, culture, and cityscape are completely different from country to country. I'm sure they will be useful for my future career.

## **The 2022 English Study and Work Experience Program**

### 1. The most interesting things

The most interesting thing is I could live in a different culture. Irish culture is different from Japanese one. The way to ride the bus, the style of meals, the appearance of the buildings, and so on, a lot of things were different from Japan. Everything was new for me and interesting. Of all of them, the one that I found the most interesting and lovely was the many words of appreciation. The Irish said “thank you” in many situations. For example, when they get off the bus, they almost always shouted thank you to the bus’s driver. In other situations, when I gave the way for someone who came from the front, they always thanked me. Even if they were riding the bicycles and they went through me quickly, they said thank you loudly. I think Japanese also say thank you but not as much as Irish.

In Ireland, there is a phrase, “Thanks a million”. They use it in everyday life. I think this phrase shows that Irish culture. Though the days I lived in Ireland, I became more thankful for many things and tell someone my appreciation. Living in a different culture gave me new ways of thinking and new customs.

### 2. My special memory

The most special memory from this program is working at Nu-BAR which is my host company. It is the bar and restaurant located in Dublin City University. The people who are working at Nu-BAR are really kind and they welcomed me very much. One of the reasons why I could enjoy working there is thanks to them.

When it was my birthday, they celebrated me with a cake and some presents. And I was granted and surprised because it was just 2 weeks later from, I started to work there and I thought myself I was just an intern. They made me really pleased and gave me a special experience. I could touch their kindness.

When it was my last day of work at Nu-BAR, they gave me a message card and some presents. And they gave me the good feedback so many times. The regular customers also gave me message cards and one of them was written about not only my luck but also my Japanese family’s. Some of friends whom we became during the working came there to say goodbye to me.

I was so glad to work there as a member of Nu-BAR, and also I was recognized by them. Not only that, I was happy that regular costumers always talked to me as a member of Nu-BAR. I was glad to all of them. I felt this was the result of working hard and trying to do my best for 8 weeks.

Through my experience at Nu-BAR, I could touch the warmth of the Irish people. That is the special memory for me.

### 3. The achievement of this program

I believe my English-speaking skills have improved as a result of my active participation in this program. I tried to say as much as possible every day in the class. And I also talked with my teacher about how I can improve my English and got a lot of advice. I reviewed the class in the weekends. At my workplace, if there were some free times, I kept talking with my colleagues. With customers I also tried to talk actively. Sometimes, I talked to strangers while waiting for the traffic light. Of course, I often felt depressed because I could not understand what they were talking or say what I really wanted to say, but I tried to keep practicing, and I think I could improve my English-speaking skills.

From these experiences and the advice, I received from my teachers, I would like to continue studying English for the rest of my school life. I hope that these efforts will bring good results in my life after graduation.

## The 2022 English Study and Work Experience Programme

1. What were the most important or interesting things that you learned:

I think that the most important thing that I learned was Irish history. Before I visited Ireland, I did not know about Irish history at all. During my stay, I learned a lot everywhere. There are many historical museums and tours in Ireland. I learned that many historical events still influence daily lives. I thought Irish people try to remember and hand it down. I think it is difficult to learn those things in Japan. Therefore, that was a really nice experience for me.

Also, I learned problem-solving skills. During my stay in Ireland, I faced many problems and I was sometimes in trouble. However, I always solved those difficulties with the help of many people. I am so grateful to all of the people who helped me.

2. What is your most special memory from this programme?

One of the most special memory for me is my life with my host family. At first, I got a very warm welcome from my host family. They were so kind to me every day. They served delicious Irish cuisine every day. And they teach me Irish culture. In addition, when I am in trouble, they always support me like a real family. For example, when I was feeling down, they hugged me and cheered me up. When I left home, my host mother was crying and I realized I was so loved by the host family. Living in another country was my dream life for a long time. So I am very happy because my long cherished dream finally came true. I had a lovely time with my host family and I was so happy to be a family member. I would like to keep in touch with them.

3. Did you achieve your goals in this programme and how will you leverage your experience in your school life or future carrier?

One of the goals is to improve my English skills. I think that I achieved this goal. At first, I was in the intermediate (B1) class. A month later, I passed the level progress test and I moved to the upper intermediate (B2) class. My teachers were so kind and nice. The contents of the lesson were good. The lessons in the upper intermediate class were a little bit difficult and challenging for me, but I enjoyed them. I was not good at English structure and grammar before. But in my class, I learned grammar a lot, so I guess that my grammar is getting better. Recently, I got TOEIC TEST and my grammar score surprisingly increased. And in my workplace, I made friends and they corrected my English and teach me natural phrases which are native speakers use often. It was so helpful. Although I do not think that my English is perfect yet, I think it

become more natural than before. And I was able to have confidence in my English. Before I joined this programme, I was not able to do that. But once I live in Ireland, I was able to communicate enough with local people. Therefore, I thought that my English is not bad. I would like to make good use of this experience in the future. And I would like to have a job regarding English.