

名古屋外国語大学海外派遣プログラム成果報告書

2024年 8月 30日

学部・学科名 外国語学部・英米語学科

担当教員氏名 ブライアン・マクニール

1. 区分	中期留学 ・ <u>語学研修</u> ・ 海外実習
2. プログラム名称	夏期カナダ研修
3. 渡航先国名	カナダ（トロント）
4. 派遣期間	2024年 7月 30日（火）～ 2024年 8月 25日（日） 27日間
5. 派遣先教育機関名	トロント大学
6. 参加学生数	21名
7. 派遣目的	DBAS Canada Study Tour to Toronto
8. 派遣内容	21 students joined a 27 day study tour to Toronto. They studied for 17 days, and stayed in individual homestays. While there were various small problems, the overall result was positive. Students generally reported that they had a good experience in Toronto.
9. 成果	All students were able to complete the study course and earn 2 credits.
10. 備考	none

以上

Canada Study Tour Report

Please reflect on your time in Canada and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

I experienced many cultural differences. First, I realized Canada is multicultural. I already knew that in the class I took in the first semester in NUFS. However, I lived in Toronto and knew again. For example, in the subway, there are not only Canadian people, but also Asian, European, and Indian in there. Moreover, in my case, I never saw any racism. So, I found that in Canada, people understand each other and allow many cultures to coexist together. Also, I felt Canada is looser than Japan. For example, in public transportation, trains were not always punctual. In my friend's case, she waited for the bus for at most 1 hour. Finally, I felt a little bit of a difference in the vocabulary of English. For example, I was confused when my host mother called the toilet washroom and called refrigerator fridge so I couldn't guess what my host mother wanted to tell. Also, my host mother is from Philippines so I felt it was so difficult to communicate each other in English because of each tongue. However, through these differences, I was so glad to feel other cultures.

2. What was the most important or interesting thing that you learned?

I learned it is important to try as soon as I think of it. Until I went to Toronto, I was so shy and had difficulty acting quickly because I was afraid of trying. However, in this training, I faced many difficulties because everything was different. I went abroad and spent time there for the first time, let alone living in Toronto was also first time for me. So, I decided to try everything whenever I thought. For example, when I went to school for the first time, I didn't know how to go there so I asked my roommate how to go to St. George and get to school. Also, when I couldn't guess what my host mother said, I tried to ask her without keeping my questions. Through trying to ask, I found I felt refreshed, and I could improve my English skills because I communicated a lot in English. Finally, I learned it is better to try than being bothered. I would like to take advantage of it in the future.

3. Do you think you have changed as a result of your time in Canada? If so, how?

I changed through this overseas training program, especially my thinking. I usually didn't challenge everything I wanted because I was afraid of failing. However, I found it is natural for people to make mistakes, so it is much better to try than be afraid of making mistakes. For example, in the class, there were some activities to interview some people and gather answers in it and make a presentation. At first, to be honest, I hated this activity because I'm poor at talking to people and didn't have confidence in my English skills. However, I thought I have to change something because I thought I couldn't make a presentation. So, I tried to talk to as many people as I could. Some people refused to answer my interview but said to me good luck and also other people answered my question and I could have a little conversation with them. Through this experience, I could have a chance to have confidence in my English skills just a little bit and I found trying something is not bad things. After that, I keep it in mind to try as soon as I think. Therefore, I could change myself in terms of my thinking.

4. How would you like to apply what you have learned for your future?

I would like to keep that don't afraid of trying in my mind. Through this overseas training, I tried more in Toronto than I was in Japan. Although I made some mistakes in trying, this became my learning, and I found that these mistakes will lead to success. Therefore, I would like to value trying. Finally, I would like to try some licenses like secretal proficiency test, English proficiency test, and TOEFL. Thus, I will try them without being afraid of failing.

Canada Study Tour Report

Please reflect on your time in Canada and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

The cultural difference I experienced was how people use public transportation. One of the differences from Japan is how people spend their time on trains and buses. For example, Canadians are free to drink and eat on the bus, and they even bring their bicycles and pets onto the subway. If you did the same thing in Japan, people around you would be surprised, but in Canada, it's the norm, and I was surprised that no one thinks anything of it.

I also thought the consideration for people with disabilities was wonderful. Of course, I think Japan is also considerate of people with disabilities, but I think the difference from Japan is that there is a system in place that allows people with disabilities to take care of themselves on their own. In Japan, when they get on a bus or train, they have someone to accompany them, or station staff will help, but in Canada, I was surprised to see so many people with disabilities moving around without a caregiver.

2. What was the most important or interesting thing that you learned?

What I learned most interesting when I went to Canada was the prejudice caused by racial differences. Before I went to study abroad, I studied a little about Canada, and my impression of Canada was that it is a multicultural society. When I actually visited the country, I experienced for myself that Canada is a multicultural society because there are people of many different races and no one has any doubts about it. However, what I realized this time is that just because it is a multicultural society, it does not mean that there is no discrimination. In my own image, I thought that there was not much racism in a representative multicultural country. In fact, some of the people I met said that they hated Chinese people and black people. However, all the Chinese and black people I spoke to there were good and kind people. I was not discriminated against, but I thought it was sad that racism occurs because of personal images. I hope that racism caused by prejudice will disappear.

3. Do you think you have changed as a result of your time in Canada? If so, how?

I think I have changed through my time in Canada. Canadians each have their own opinions. Most of the people I met in Canada are very frank about what they think. What I especially felt was that everyone is very clear about what they don't like. I think there are not many Japanese people who clearly say "no," and I was one of them. However, when I was staying at a homestay and there was a lot of food and I didn't want any more, my host mother told me that it's not rude to say "no," so I decided to try to say "no" properly. It's not always right to say "no," but I felt that it was important to express my opinion.

4. How would you like to apply what you have learned for your future?

As for what I would like to apply in the future, I want to value having my own opinions and expressing them properly. I want to act without being afraid to express my opinions. Also, during this study abroad, I regretted my lack of vocabulary, so I decided to work harder to study vocabulary from now on. In addition, my desire to study abroad again has grown stronger, so I would like to study hard for language exams such as TOEFL.

Canada Study Tour Report

Please reflect on your time in Canada and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

Food : My host family was Filipino, so my host mother made Filipino cuisine almost everyday. Some Filipino cuisine and their ingredients were new to me. Eating habits were also different. For breakfast I usually ate cereal and bread, I ate sandwiches and fruits for lunch, and I ate filling cuisine. My host family doesn't eat okra raw. The size of every food at restaurants and shops were bigger and huger than in Japan.

Cannabis : In Japan, all drugs including cannabis aren't allowed to be used or even have them. However, cannabis is legal so many people use it on the street and everywhere in Toronto. There are also shops of cannabis in downtown.

Frequency of contact : In my class at Toronto university, some classmates are from Korea and some of them text and call their boyfriends many times in a day. They said it's common in Korea and the number of Japanese couples' contents are very small.

Trains and buses : Many people call in trains or buses. They were often delayed and departed earlier than scheduled.

Greetings : There were no greeting like *Ittekimasu*, *Tadaima*, *Itadakimasu* and *Gochisousamadeshita*, so I was a little confused at first.

2. What was the most important or interesting thing that you learned?

Understanding and adopting other cultures. At first I thought "In Japan, ~" every time something happened like different food, building facilities and so on and compared everything with Japan. However, after a while I found accepting and adopting different cultures and environments are important to live in other countries and with people who are from various countries. Moreover, living in a multicultural circumstance where many languages can be hard was stimulating. In Toronto, there are Chinatown, Koreatown and some areas where we can feel other countries' cultures like little italy and kensington market and a lot of various countries' festivals are held. We have few towns like them in Japan, and in Toronto they respect each other so it was very interesting.

3. Do you think you have changed as a result of your time in Canada? If so, how?

Yes I do. Up until now I only had some knowledge that I heard from other people, prejudices and stereotypes but now I have been able to expose myself to different senses of values and have broadened my perspectives compared to before. By living with people from other countries and my host family, I could experience something that I would not be able to in Japan like differences of food, greetings, people and cultures. They allowed me to realize how big the world we live in and created the trigger that expanded my horizons more. My mind was also changed. I was kind of thinking about traveling or studying abroad in various countries before. However, thanks to this project, I could make clear my intention that I want to experience a lot of things like cultural differences, integrate with people who have different backgrounds and grow as a person, and my goal in the future.

4. How would you like to apply what you have learned for your future?

I have interacted with international students for some time since I entered university, but I had spoken with them from a Japanese viewpoint and sometimes it might be rude for them. So I would like to converse with new international students or people who will meet in the future from not only a Japanese perspective but also a different one that I have built up during this language training.

Before I didn't say anything even if I was dissatisfied but this time I could share my opinion and talk with homeroom teacher, NUS professors and adviser at Toronto university. By doing so, I was able to help them understand my situation, opinion and feelings. Although there was no change in the circumstances as a result, I learned the importance of expressing my opinions. I also think I got why it is said that Japanese people are quiet through daily life and experiences in Toronto. From now on, I would like to express my intention.