

名古屋外国語大学海外派遣プログラム成果報告書

2023年 3月 26日

学部・学科名 外国語学部・英米語学科

担当教員氏名 ファーン・サカモト

1. 区分	中期留学 ・ <u>語学研修</u> ・ 海外実習
2. プログラム名称	春期オーストラリア研修
3. 渡航先国名	オーストラリア（メルボルン）
4. 派遣期間	2023年 2月 10日（金）～ 2023年 3月 19日（日） 38日間
5. 派遣先教育機関名	オーストラリアン・カソリック大学
6. 参加学生数	30名
7. 派遣目的	Learn about Australian history and culture, develop intercultural competence and improve English language communication skills.
8. 派遣内容	Students completed a 5-week language and culture course at ACU. They were divided into level-appropriate classes where they learned about Australian history and culture and developed their general and academic English skills. The program included three full-day excursions and several informal class trips. Students stayed with host families for the duration of their stay.
9. 成果	All students expressed a high degree of satisfaction with the study tour and successfully completed the ACU language and culture course. Some highlights identified by students were: - Friendly ACU teachers and enjoyable, active classes - Plenty of output opportunities and noticeable improvement in their language & communication skills

	<ul style="list-style-type: none">- Enjoyable and worthwhile full-day excursions- Cultural and communication exchange opportunities through homestays
10. 備考	

以上

ACU Study Tour Report

Please reflect on your time in Australia and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

I didn't feel so many cultural differences at home but I was surprised it is common to wash towels once a week. I moved house once and both families told me so. I was curious about another friend's family and figured out that most of my friend's family had the same system. I wash my towels everyday in Japan so I was a little concerned about hygiene at first, but I soon got used to it naturally.

People in Melbourne are more friendly because they smiled at me when we met eyes and sometimes had a little chat. It was really impressive because almost nobody does that in Japan, so I liked that and felt happy. Also they have so much diversity, of course LGBTQ and people from different cultures. What I liked is that they are confident and living together safely.

Melbourne has a lot of greenery even in the middle of the city. They also have a lot of beautiful parks and beaches so people love sunbathing, they say sunbaking, and reading books, having picnics, taking a nap on the lawn when they have time. I really liked such a peaceful, lovely culture.

2. What was the most important or interesting thing that you learned?

I learned the importance of having my own opinion. I enjoyed a party with some Australian people, and when the time came I asked them if I could go home. Then, they were surprised by my question and said, you don't have to ask someone permission, you can go whenever you want, it is ok to leave just to say thanks. And they said, you have the right to decide your future and are already an adult so your responsibility is yours not others. It is polite to ask for some kind of permission in Japan so I thought the same in Australia but actually not the same. I realized I was passive and expected someone to be responsible when I got in trouble, in my mind. It was a really meaningful time for me to be a global person. I learned a lot emotionally and mentally.

3. Do you think you have changed as a result of your time in Australia? If so, how?

I think I have changed as a result of time in Melbourne, because I have more confidence in myself than before. I realized the importance of expressing myself. I cared about what people had in mind if I said something so I tend to talk in general opinion instead of what I really want to say in mind. But I tried to tell my idea honestly, it worked, people were interested in me and getting closer easily, and could feel a kind of achievement and had confidence. People in Melbourne are friendly and open minded, and there are a lot of beautiful places, so I felt comfortable and had a happy free life that I forgot 10 years ago. I thought people were enjoying their lives without worrying about what others thought about them. I would like to be like that.

4. How would you like to apply what you have learned for your future?

I would like to be a mentally independent person because I realized I am the only person who can change or decide my future. It definitely helps me everywhere to keep being myself and accept others. I have never forgotten the experience in Melbourne because I learned many new things and viewpoints. It also would help the next step and motivation to learn English or other culture. I am going to study in the US next fall, so there has different cultural experience but I learned global glance a little bit so I wish it would be helpful to the next experience.

ACU Study Tour Report

Please reflect on your time in Australia and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

I experienced the cultural differences of food. In Japan, it is usually to eat meals with family. In Australia, it is usually to prepare and eat meals by myself. Firstly, I could not understand and accept the difference. I had only stereotypes of Japanese, so I was confused. It was hard for me to change my thoughts. However, I did not give up. I noticed that I have to tell my thoughts. I have to ask what I want to know. In short, it is the most important point is Communication. I tried to ask and speak. After that, I could make a new lifestyle. Also, I'm glad that my host family treated me like a real family. I was not a customer, I was a member of the family. I think this experience was important and valuable for me.

2. What was the most important or interesting thing that you learned?

I learned a lot of things and I think all of them are important. However, I think the words of my host parents were the most important. While talking, I often said, "I don't like my height. It is my complex." About that, my host father said to me, "You have to have confidence! You can do everything!" My host mother said to me, "You are beautiful. You have to be proud of yourself. You have to stretch your spine!" I was glad to hear that and I'm proud of myself, including my height now. I learned we often care how others see us. However, we need to quit that thinking. I'm glad that my host parents changed my mind.

3. Do you think you have changed as a result of your time in Australia? If so, how?

Yes. Before I went to Australia, I often cared how others saw me. In Australia, I was surprised by a lot of things. It is because I think people in Australia seem confident and happy. For example, clothes, communication, and selfcare. About clothes, their fashion was different from Japanese. These were not only simple, but also rough. I love Australian fashion! About communication, they often enjoyed communication with their family, friends, even strangers. I noticed they did not use smartphones in the train and tram a lot. It seemed so happy and fun. I want Japanese people to change like that. About selfcare, people in Australia made good use of their time. My host family was busy but they decided movie day. On movie day, they relaxed and laughed a lot. I think they can separate the time of work and private. I want to take in their custom.

4. How would you like to apply what you have learned for your future?

I want to keep my new mind. I could get positive mind and cheer up words by my host family and teachers. I don't want to forget them. I want to challenge what I want to try and do. Every time, I will do it with confidence! I want to believe in myself.

Also, I want to keep studying English. I will try to communicate with a lot of foreign people.

ACU Study Tour Report

Please reflect on your time in Australia and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

Australia is a multicultural country. Walking around the city, I saw people from many different countries. At school and at home, I had the opportunity to meet people from many other countries. In addition, restaurants with cuisines from various countries, such as Japanese, Korean, and Chinese, were often seen.

I was surprised at the short opening hours of the store. Most stores closed at about 5 or 6 o'clock. I thought from this that Australia has shorter working hours than Japan.

I saw many people calling in public transportation. In Japan, it is against manners to talk on the train, so I was surprised to see local people talking usually.

2. What was the most important or interesting thing that you learned?

The most important thing I learned was to communicate my feelings clearly. In Japan, communication is often based on the listener's perception without saying words. Therefore, in the past, I have taken it for granted that the other person understands without having to say so. However, when communicating in Australia, I had to clearly express my opinions to be understood. At that time, I was reminded of the importance of communicating my own opinions.

It was frustrating that on several occasions I was unable to convey what I wanted to say as I wanted to due to language differences. This experience also taught me the importance of communicating my feelings.

3. Do you think you have changed as a result of your time in Australia? If so, how?

Yes, I do.

I've changed not to worry about what people think of me. I tended to worry about what people around me thought of me because I lacked self-confidence. However, I learned that Australian people value their own ideas without worrying about what others think. As I spent time in such an environment, I gradually became less and less concerned about my surroundings. I was reminded that the culture of conforming to one's surroundings is unique to Japan and should be improved. I think I can be more myself now that I don't have to worry about what other people think.

4. How would you like to apply what you have learned for your future?

Having been exposed to a wide variety of cultures and values in Australia, I have broadened my perspective and would like to use this to communicate with people in the future.

I have gained the ability to be proactive and take action on my own initiative, and I would like to make use of this proactive and active attitude. I would like to challenge everything without fear of failure.

Since I have improved my ability to convey my opinions, I would like to make use of this increased communication ability to communicate with a variety of people in Japan.

ACU Study Tour Report

Please reflect on your time in Australia and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

I experienced firsthand the differences in ideas about sexuality. One of my host families was a same-sex couple. In Japan, same-sex couples are still unfamiliar and not very accepted, and people have an image that it is difficult to talk about it with others. However, in Australia, same-sex couples are accepted by many people as a matter of course, which I found to be very different from Japan. I was also surprised to see things that I have never seen in Japan, such as toilets in town that do not distinguish between men and women and can be used by all people.

2. What was the most important or interesting thing that you learned?

I was interested in the cultural differences between Japan and Australia. In Australia, I felt a strong sense of respect for the indigenous people. Maybe I just haven't been exposed to them in Japan, but I felt that there were many museums and small exhibition spaces where I could learn about people from the past. The other difference I felt was the amount of events held. Every week, there were various events taking place in different places, and they were very lively. In Japan, events are held on fixed days such as Christmas and Valentine's Day, but such events weren't often held on days when there was nothing going on, so I felt that this was another cultural difference. It was interesting to make new discoveries that I could not understand until I actually went there.

3. Do you think you have changed as a result of your time in Australia? If so, how?

I think I have changed. I have become more aggressive and I don't think I am afraid of anything anymore. Specifically, when I was in Japan, I was afraid of speaking English incorrectly and did not speak English very actively, but after I went to Australia, I am now able to speak English actively without worrying about mistakes.

4. How would you like to apply what you have learned for your future?

This training made me realize once again that my common sense is not the common sense of those around me. From now on, I want to use this experience to become a person who can respect others. Also, my host family was very kind and even though it was our first meeting, they asked me what I wanted to do and where I wanted to go. I want to be someone like them.