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Alphabetical order



Make a circle in alphabetical order by first NAME.



Speaking (English, Japanese, or other language)



Speaking or spelling your first NAME, someone else's first NAME, physical expression



Michiko M-i-c-h-i-k-o



Masaya M-a-s-a-y-a



Masako M-a-s-a-k-o

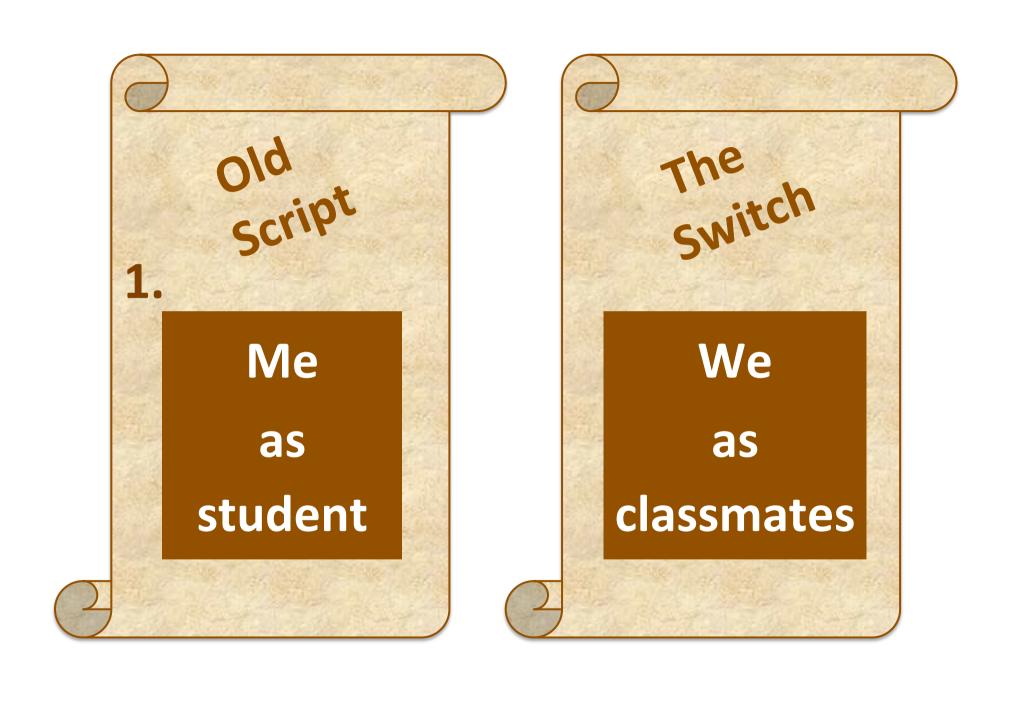
Mirroring Improv



Do exactly what your partner does. Make your movements happen <u>simultaneously</u> (together at the same time).







Helping-others focus

Task focus

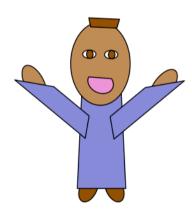
Self-only focus
Negative affect
Psychopathology
Lesser task
success

Positive affect
Mental health
Greater task
success

Positive psychology research reports that helping others actually improves your own health and happiness

(Based on: Robinson & Tamir, 2011, p. 163)

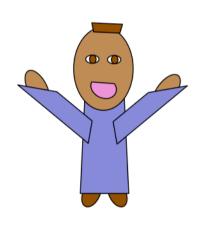
Possible Self

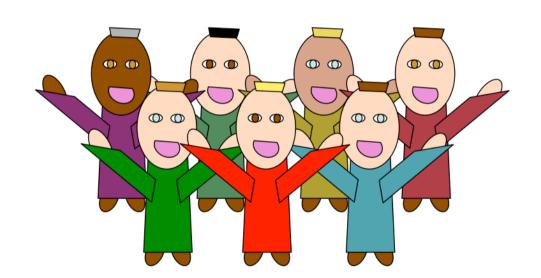


(Lockwood & Kunda, 1999)

Possible Self

Possible Others





(Lockwood & Kunda, 1999)

(Fukada, Fukuda, Murphey, & Falout, in press)

Freewriting



Erasers, Dictionaries, Translators, Stopping.

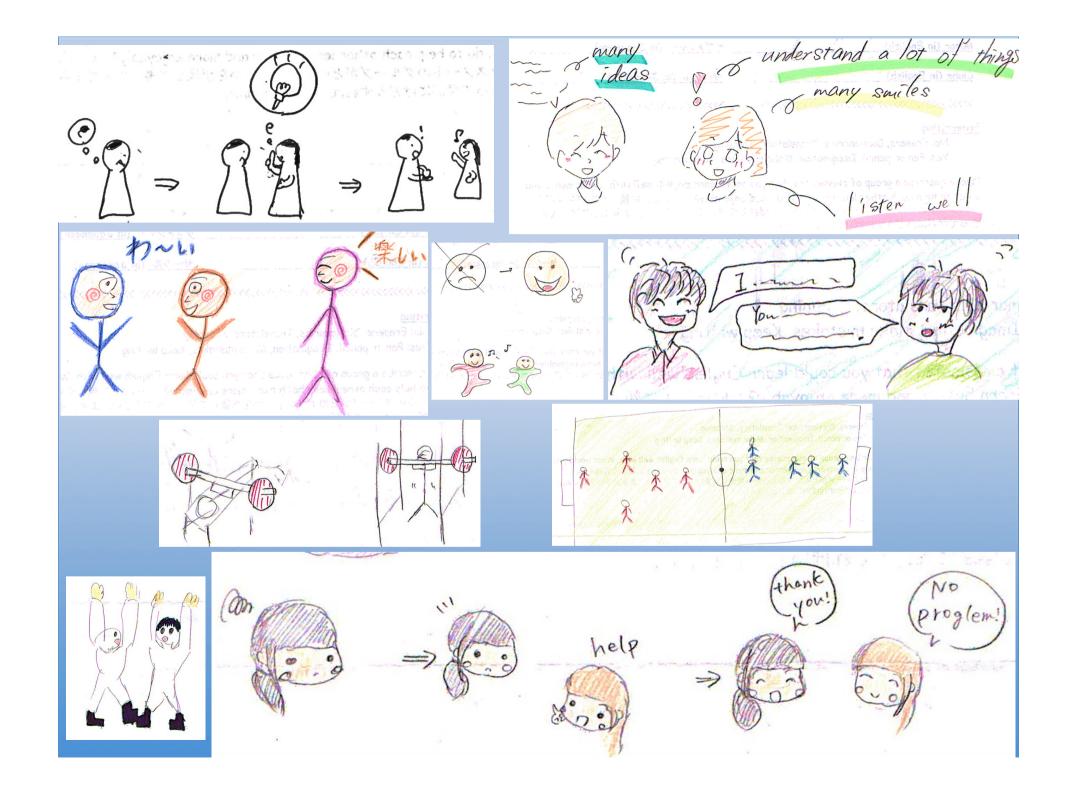


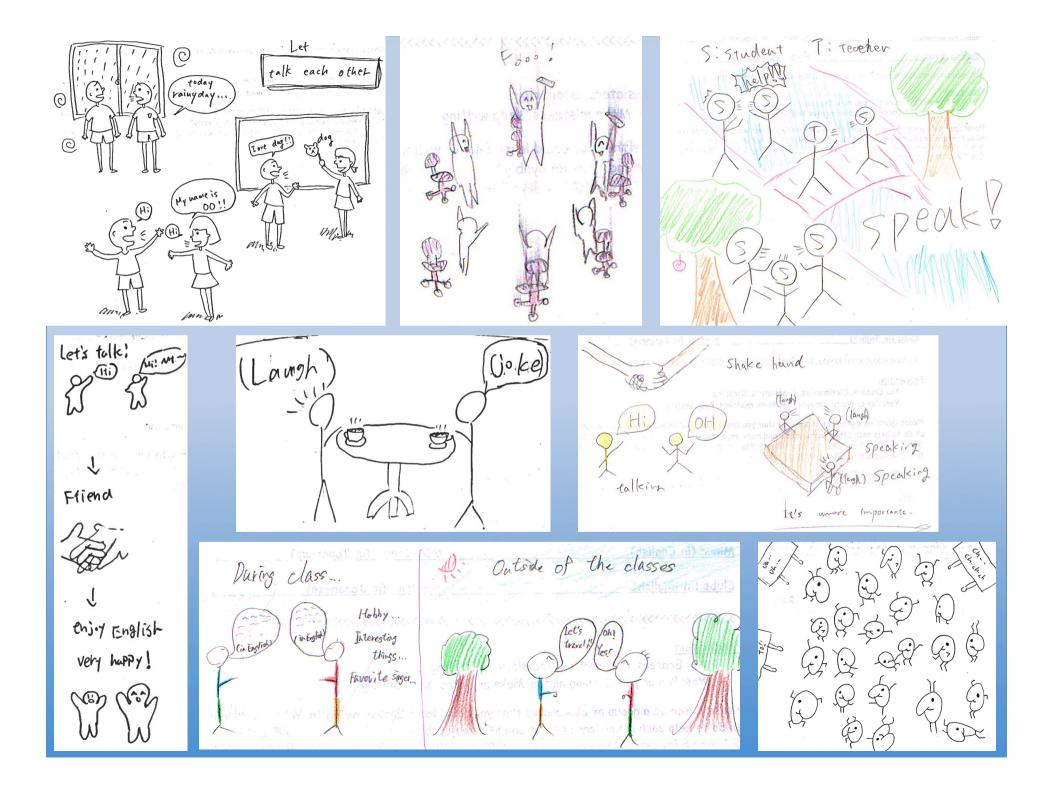
Pen or pencil, Imagination, Make mistakes, Keep writing.

Please describe a group of classmates that you could learn English well with. What would you all do to help each other learn better and more enjoyably? いっしょに親しく英語を学ぶクラスメートのグループがどのようなものかを想像して書いてみて下さい。より上手に楽しく助け合って学ぶにはどうすればいいでしょうか。

Drawing

Please <u>draw a picture</u> of a group of classmates that you could learn English well with. What would you all do to help each other learn better and more enjoyably? いっしょに親しく英語を学ぶクラスメートのグループがどのようなものかを想像して<u>描いてみて</u>下さい。より上手に楽しく助け合って学ぶにはどうすればいいでしょうか。







My name is (name).



Hi (shadowing). What are these classmates doing to help each other learn?

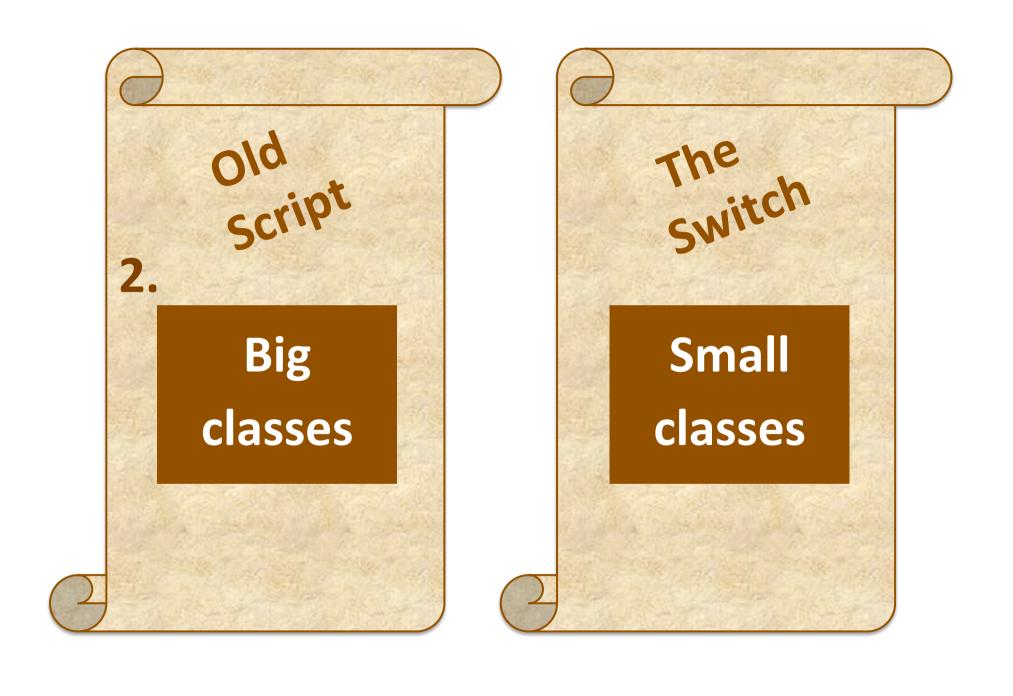


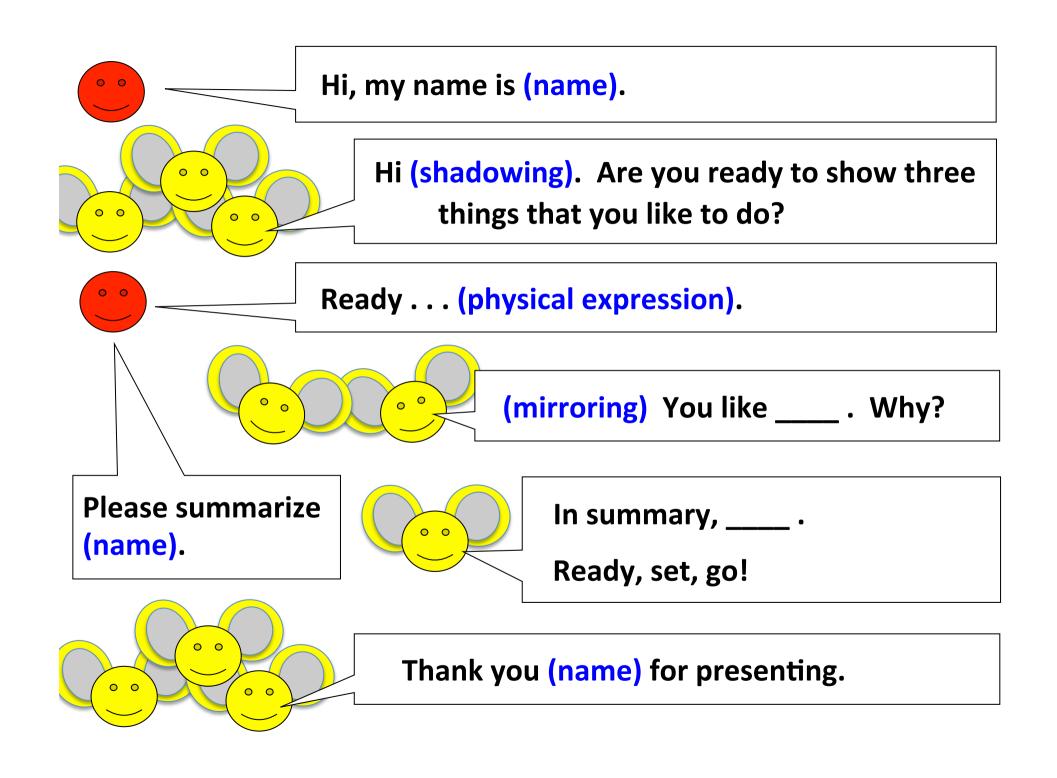
Let me explain . . .



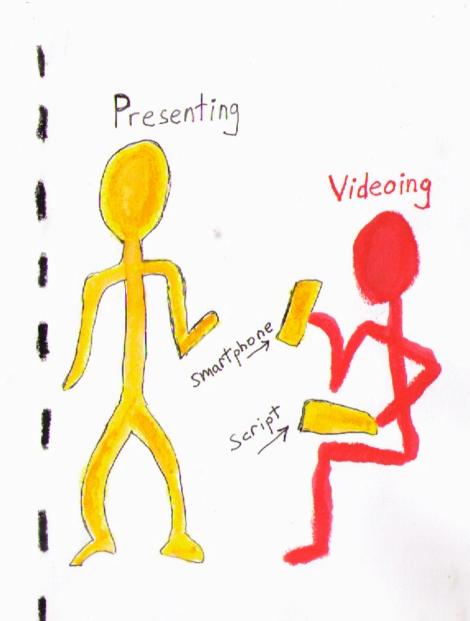
(shadowing)

Thank you (name) for sharing your ideas.



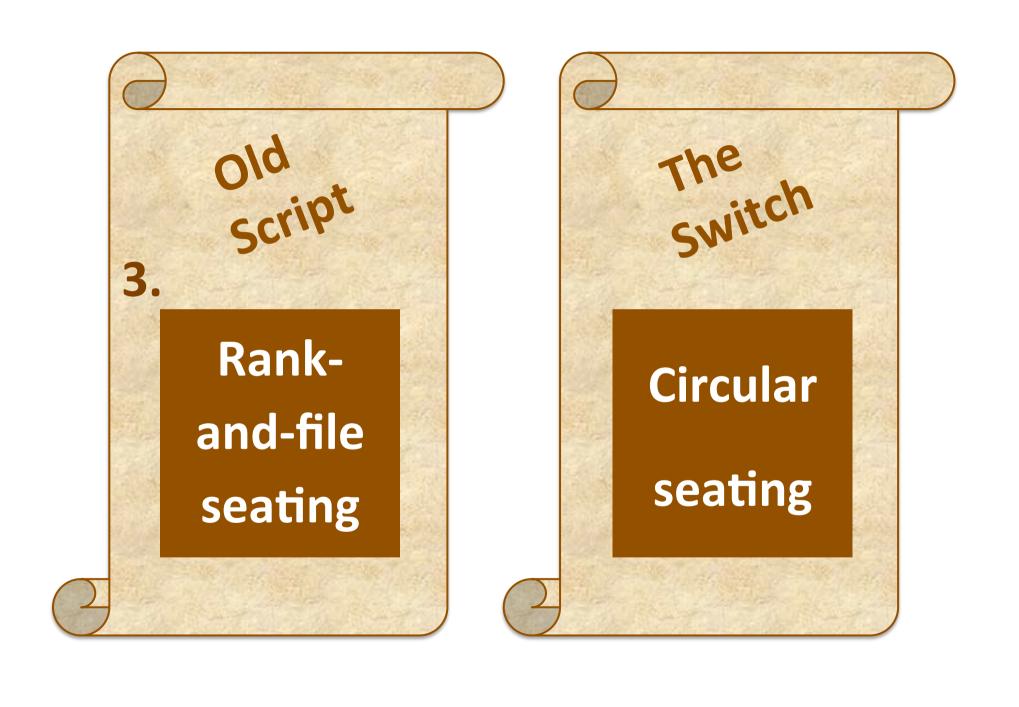


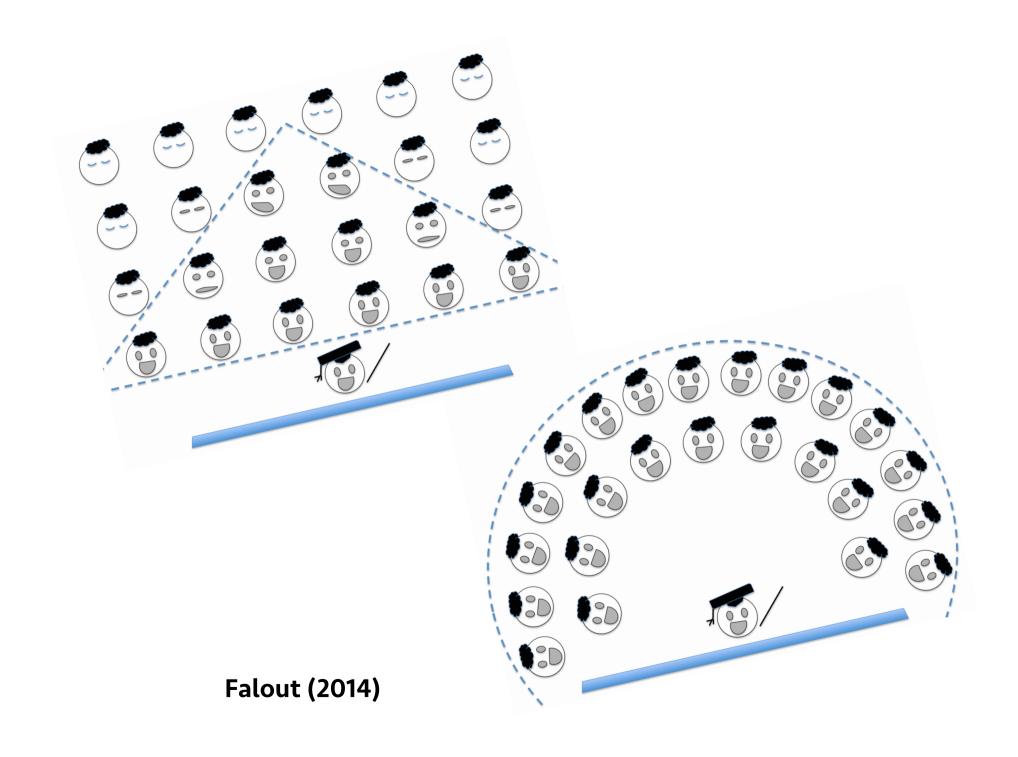
Presenting Videoing



Presenting







Numerical order



Make a circle in numerical order according to the <u>elapsed TIME</u> that it takes to get from your home to school, door to door.



Speaking (English, Japanese, or other language)



Speaking your TIME, Someone else's TIME, Physical expression



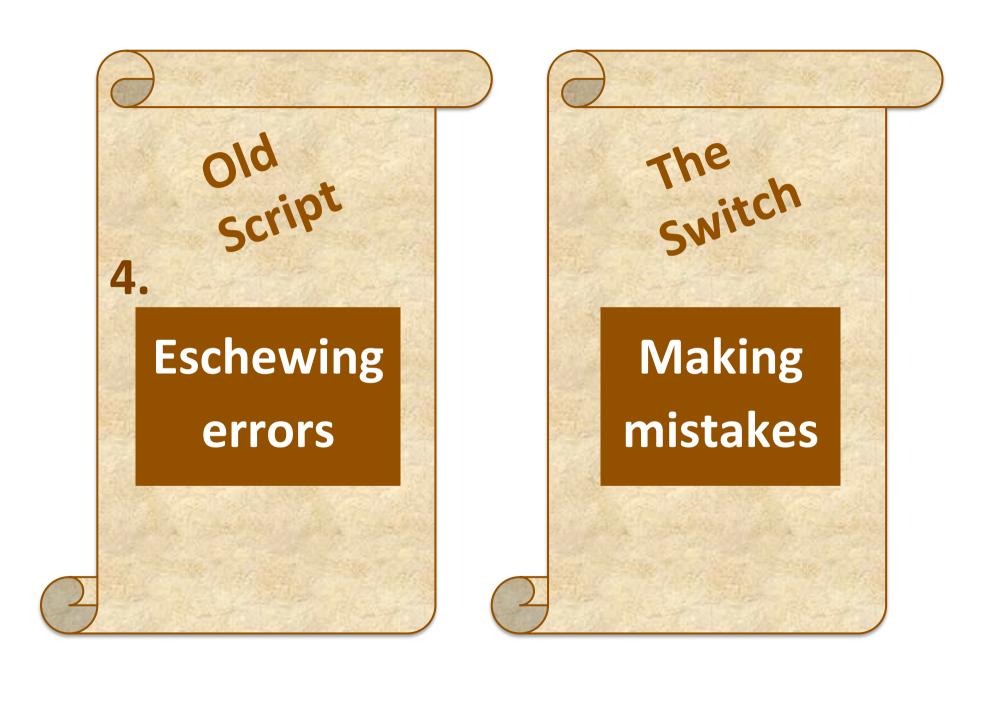
Thirty-five minutes



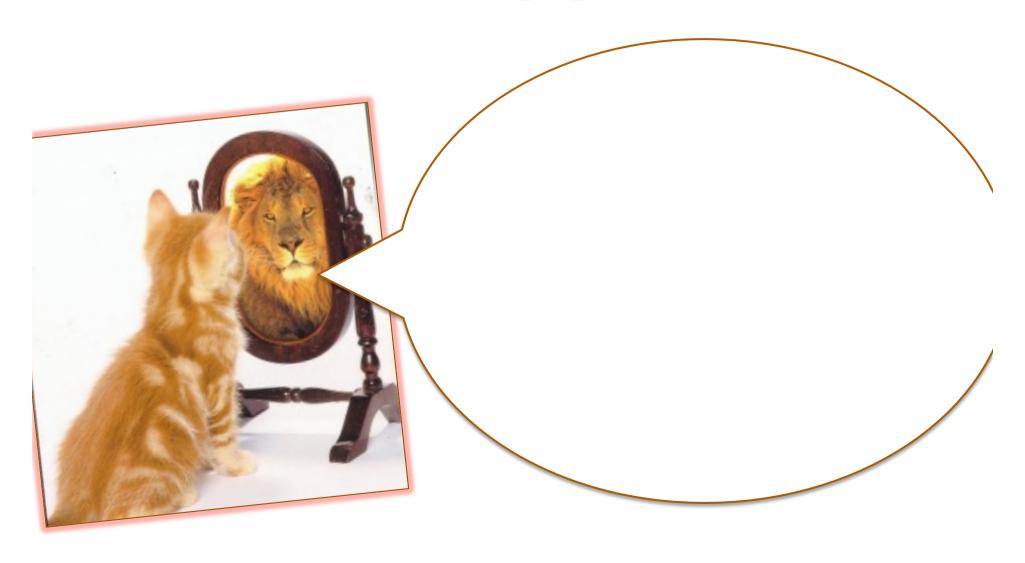
Thirteen minutes



One hour and three minutes



What happened?



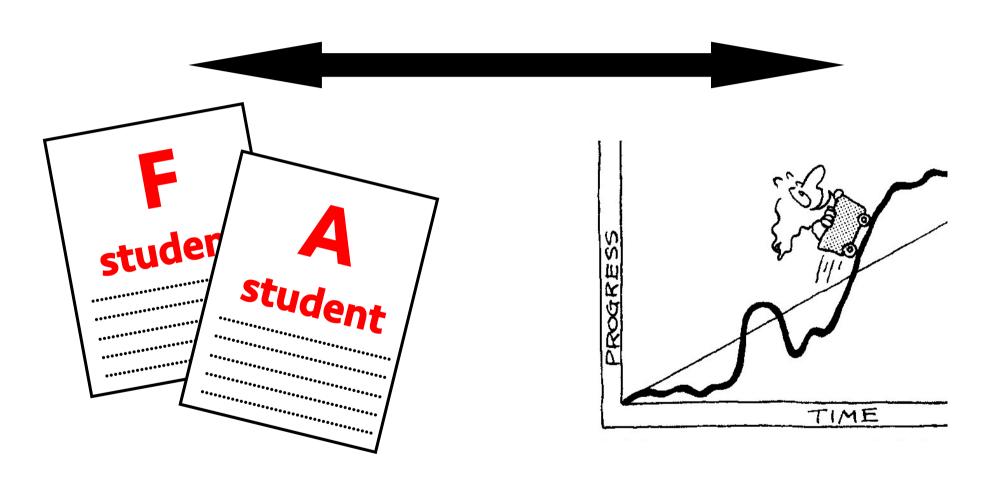
What happened?



Making mistakes makes me make more mature choices next chance!

Fixed mindset

Growth mindset



Dweck (2000, 2006)

Cultivating growth mindsets

- 1. Careful use of praise and feedback
- 2. Modeling other's growth mindsets
- 3. Providing strategies to manage learning
- 4. Materials and lessons that enable students to witness their own progress

Ryan & Mercer (2011), citing Dweck (2000)

Students can also practice having fun in failing in creative ways. Check out Kyle's paper available free from JALT's online publications

Maclauchlan, K. (2016). Embracing failure: The missteps to success. In P. Clements, A. Krause, & H. Brown (Eds.), Focus on the learner. Tokyo: JALT.