

名古屋外国語大学海外派遣プログラム成果報告書

2026年 3月 19日

学部・学科名 外国語学部・英米語学科

担当教員氏名 ジェイソン・ウォルターズ

1. 区分	中期留学 ・ <u>語学研修</u> ・ 海外実習
2. プログラム名称	春期オーストラリア研修
3. 渡航先国名	オーストラリア（メルボルン）
4. 派遣期間	2026年 2月 7日（土）～ 2026年 3月 15日（日） 37日間
5. 派遣先教育機関名	オーストラリアン・カソリック大学（ACU）
6. 参加学生数	14名
7. 派遣目的	集中型の海外研修を通して、学生の英語運用能力全体の向上を図り、特にリスニング、スピーキング、リーディング、ライティングにおける自信と正確さを高めることを目的とした。また、授業、課外活動、ホームステイを通して、オーストラリアの社会や文化への理解を深めることも目的とした。
8. 派遣内容	参加学生はメルボルンのオーストラリアン・カソリック大学において、5週間の英語研修プログラムを受講した。プログラムでは、リスニング、スピーキング、リーディング、ライティング、文法、発音の授業に加え、オーストラリアの生活や文化に関連した課題活動に取り組んだ。さらに、ヒールズビル・サンクチュアリーやパフフィンビリーへの終日遠足、メルボルン市内見学、メルボルン動物園見学、日々のアクティビティ、ホームステイも実施された。

<p>9. 成果</p>	<p>本研修は全体として良好な成果を上げた。学生からは、出発前準備、キャンパス施設、遠足、ホームステイ、引率教員による全体的な支援について高い満足度が示された。自由記述からは、英語使用への自信の向上、今後も英語学習を続けたいという意欲の高まり、異文化理解の深化、そしてオーストラリアの日常生活を直接体験できたことの意義がうかがえた。また、プレゼンテーション、ライティング、発音、コミュニケーションに関する学びが、帰国後にも役立つと感じた学生も多かった。一方で、現地学生や他国からの留学生と交流する機会が少なかったと感じた学生もおり、今後のプログラムでは、より多様な学生構成の授業や、より英語使用を求められる学習環境を望む意見も見られた。もっとも、本学の研修期間前半はオーストラリアの大学の夏季休暇中にあたるため、最初の2週間については静かなキャンパス環境が避けられない面もあった。他国からの語学学生との接触機会の少なさは毎回課題として挙がるが、他の研修団体の参加状況については本学で保証できるものではない。今後は、この点について事前に期待値をより適切に調整するとともに、授業外で主体的に交流の機会を作ることの重要性をより明確に伝えていく必要がある。</p>
<p>10. 備考</p>	<p>全体として、本研修は14名の参加学生にとって有意義な海外学習経験となり、好意的に評価された。今後の改善点としては、日本人以外の学生との交流機会の拡充、一部授業内容の学術的水準の向上、ならびに教室変更や日程運営に関する連絡体制の改善が挙げられる。</p>

以上

ACU Study Tour Report

Please reflect on your time in Australia and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

I have experienced the cultural differences between Australia and Japan. For example, at my host family's home party, everyone was very relaxed with one another, and people were greeting each other with hugs and kisses. I was really surprised by the cultural difference because I think this doesn't happen in Japan.

I also learned something else about cultural differences. There are people of many different races in the city and at school, making it a multicultural society. There is no sense of the kind of reserve typical of Japan; each individual has a clear sense of their own will.

2. What was the most important or interesting thing that you learned?

I think the most important thing was multicultural coexistence. Because I felt closer to a multicultural society, through these 38 days. There were students from various countries at the university, and they spoke different languages.

In Japan, I rarely notice cultural differences, but I have the impression that in Australia, differences are the norm. I learned that it is important to understand values different from my own.

3. Do you think you have changed as a result of your time in Australia? If so, how?

Yes, I do. I think my experience in Australia has broadened my perspective. I used to be confused by cultural differences, but as I interacted with various people, I naturally came to accept them. For example, I've become able to understand different ways of expressing myself, such as forced smiles or gestures.

4. How would you like to apply what you have learned for your future?

Through my study abroad experience, I learned the importance of understanding and accepting diverse values. In the future, I hope to work in the tourism industry and share the charms of Japan with visitors from abroad. I would like to strive to communicate with people from different cultures and adapt my approach to suit each individual.

ACU Study Tour Report

Please reflect on your time in Australia and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

I think Australian are open-mind and kind. Because when I entered some shops, every clerk smiled. I think that the clerk smiled is just Japan, so my thinking mistook. Also, when I crushed some people, everyone said "sorry".

I think the lifestyle is different between Japan and Australia. For example, shopping mall and café close before 6 p.m. It is very early in Japan, so people can spend a lot of times with their family.

I think the manner was different between Japan and Australia. For example, people in Japan don't call the phone, people in Australian talk loudly in the train. Also, Australian often out their leg on the front of chair, it is not good moral in Japan.

2. What was the most important or interesting thing that you learned?

I surprised that there are many foreign people, like Japanese, African, European, Asian. I knew about Australia is immigrant nation, but it was more than I thought. Many Japanese people worked at some shops regardless of age. And at Moomba festival, many foreign cultures were shown. I think this country was easy to live in for people from different countries. I want to live there someday, because they don't have discrimination.

3. Do you think you have changed as a result of your time in Australia? If so, how?

I became more confident in speaking English. Before this study tour, I was a little afraid of speaking mistakes. But I learned that communication with smiling is more important than trying to be perfect. Also, there lifestyle, people, society are different from Japan, but I could spend a month. So, I became more independent and braver. If I go to another country, I don't concern and worry about my communication skills.

And my listening skill became good because clerk speaking is speedy, but at last, I could listen and understand what they said.

4. How would you like to apply what you have learned for your future?

I think I want to live abroad because I don't have to worry a lot about surrounding eyes. My English skill grown than before this study tour, so I think that I can live in another country. And I noticed about the challenge is good experience, so I want to go to another country more and I want to receive many stimulations. Also, I want to use my experience to be more open-minded and flexible in some situations like talking with new people and future of career. And I want to experience many things without being afraid of making mistakes. This study tour makes me more confident and independent.

ACU Study Tour Report

Please reflect on your time in Australia and answer the questions below. Please write in English and explain each point clearly, using examples.

1. What cultural differences did you experience?

I was so surprised by the cultural differences between Australia and Japan.

First, when getting off the train, people have to pull a lever or push a button to open the doors. In Japan, the doors open automatically and people only wait in front of the door so I think it is a very interesting difference. In addition, the lever was heavy and it took a while to open!

Next, in Australia, shops open early in the morning and close around afternoon (about 3~4 pm), so it was hard to go around to cafes to buy coffee and something to eat after classes at ACU but Melbourne has a very strong coffee culture, so even I, who am not good at coffee, was able to enjoy it. (it was not bitter and it brought out the flavor of the beans to the fullest)

2. What was the most important or interesting thing that you learned?

Before going to Australia, I thought I had to speak perfect English when talking to foreigners. I used to think I had to speak a lot with perfect grammar and perfect pronunciation, but living in Melbourne, I realized that wasn't the case. Even if I spoke broken English, the locals listened attentively. Moreover, I was so surprised that the native speaker spoke confidently even when their grammar was incorrect.

Using correct English is important, but I learned that it's even more important to speak with the motivation to make my message clear and easy to understand to the other person.

3. Do you think you have changed as a result of your time in Australia? If so, how?

I think so partially. After staying for a month, I gained confidence in speaking English. I learned the importance of not being afraid to communicate actively, even if my English isn't perfect. Thanks to my increased confidence, I can now fill both sides of the paper during the surprise writing tests, whereas when I was in Japan I could only write on the half of the paper. This is a huge change!

However, since it was only for a month, I didn't really feel like "I'm no longer afraid of interacting with people!" or "My English is perfect!". Even after returning to Japan, conversation was still difficult and I was still afraid of people.

I realized that "Having confidence even if you can't speak English perfectly" and "Having confidence in actively participating in conversations" are completely different things. I'm glad I realized something important through studying abroad. ("Understanding" and "being able to do" are not the same thing!)

4. How would you like to apply what you have learned for your future?

As I wrote above, my study abroad experience in Melbourne gave me a new perspective on conversation, but I also realized that I'm still afraid to talk to people. But I thought these discoveries were a big step forward because I now know what needs to be improved. To improve my speaking skills, it is essential to increase opportunities to speak with many people even after returning from studying abroad.

This study abroad experience taught me that it is okay if my English is incorrect, so I decided to let go of perfectionism, lower my expectations by thinking, "It's great if I can say just this much" and gradually start having conversations.

I believe that these small steps will eventually lead to more natural behavior.