

名古屋外国語大学海外派遣プログラム成果報告書

2026 年 8 月 7 日

学部・学科名 現代国際学部

グローバルビジネス学科

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1. 区分	中期留学 ・ 語学研修 ・ 海外実習
2. プログラム名称	グローバルビジネス学科主催 ワークエクスペリエンス研修
3. 渡航先国名	オーストラリア
4. 派遣期間	2026 年 1 月 24 日（土）～ 2026 年 3 月 1 日（日） 37 日間
5. 派遣先教育機関名	グリフィス大学
6. 参加学生数	12 名
7. 派遣目的	3 週間の語学研修においてビジネスシーンで通用する英語を学ぶと共に、2 週間のインターンシップで国際社会において必要なビジネスマインドを身につけること。
8. 派遣内容	春期休暇期間にオーストラリアにおいて 5 週間の研修を実施した。この間、最初の 3 週間は Griffith 大学 Nathan campus においてビジネス英語の講座を受講。後半の 2 週間は現地会社や教育機関にてワークエクスペリエンスを実施した。
9. 成果	研修の目的である次の 3 点を達成した。①これまでに習得した英語能力のさらなる向上とビジネスシーンで使用される英語表現の学習と実践。②異文化を体験し、日本文化とのギャップを縮める方策を考える（異文化理解）。③オーストラリアの職場を体験することでビジネス能力を高めるとともにその幅を広げる。 研修参加学生の帰国後のアンケートでは、以下のような成

	果が挙げられた。 ・この期間で前よりも英語を理解するのが早くなった。またオーストラリアでの日常生活を通して、文化を多く知ることができた ・ビジネス英語を実際の職場環境で使う経験ができ、英語力の向上につながったと感じた。職場のスタッフの方々と交流する機会もあり、実践的なコミュニケーションを学ぶことができた。 ・オーストラリアで使用される履歴書の書き方や英語でのメールの打ち方、電話対応のコツ、スモールトークの重要性などをグリフィス大学で学ぶことができた。 ・語学研修のみならず、実際の職場で働くという機会もあり、とても貴重な経験をすることができた。
10. 備考	なし

以上

Working experience in AUS

1. What were the most important or interesting things that you learned

i) About English?

One of the most interesting things I learned about English is that there are many different accents, and the same language can sound very different depending on the speaker's nationality. I had mainly studied American English before, so I found Australian English difficult to understand. However, through classes, daily life, and conversations at work, I gradually became more familiar with the accent. In addition, my homestay family had a Mongolian background, which allowed me to hear English with a different accent. This experience helped me realize that English can be spoken in many ways and that becoming familiar with different accents is important for understanding the language.

ii) About your working experience in AUS

Through my work experience in Australia, I learned how important communication is in the workplace. One thing that impressed me was that staff members often talked with each other while working. In Japan, people are usually very aware of hierarchy at work. However, the workplace in Australia had a more relaxed and equal atmosphere, even between supervisors and staff. Because of this, it was easy for people to ask questions or share their ideas. Staff were also polite but friendly when talking with clients. This made the atmosphere comfortable. From this experience, I learned that good communication is important for building positive relationships at work.

iii) About yourself?

I learned that it is important to express my thoughts and feelings in words. When I lived in Japan, my family and friends often understood me even if I did not say much. This made me realize how much they supported me. However, when I was in Australia, people could not understand my feelings unless I explained them clearly. I also felt that if I hesitated, I might miss chances to share my ideas or try new things. Through this experience, I learned the importance of speaking up and expressing my opinions.

2. What is your most special memory from the program?

The most memorable experience during this program was interacting with various clients at my workplace in Australia. I worked at a company that provides aged care services, where I helped with office tasks and communicated with clients.

While working there, I had many opportunities to talk with different clients. At first, I felt nervous about speaking in English. However, the clients were very kind, and I gradually became more comfortable talking with them. This helped me improve my confidence in speaking English.

In addition, many of the clients had different cultural backgrounds. Through our conversations, I was able to learn about their lives and cultures, which I found very interesting. Experiences like interacting with people from various backgrounds are not very common in Japan. Therefore, I believe this was a valuable experience that is unique to multicultural societies like Australia.

3. Do you have any suggestions for improving the program?

I believe the program could be more helpful if students had a chance to learn about business before joining it. At the university, we had several classes about business, and we were often asked to talk about the differences between business in Japan and other countries. Sometimes I felt unsure because I did not fully understand Japanese business myself. This made it difficult for me to answer questions with confidence.

In addition, the classes included business terms, company structures, and topics about trade. Because of this, it was sometimes hard for me to follow the discussions in class. If students could learn some basic knowledge about Japanese business and important business words before the program, they would feel more confident. I think this preparation would help students understand the classes better and participate more actively.

4. What advice would you give to the students going to participate in this program next year?

For students who will join this program next year, I would like to encourage them to communicate actively and enjoy small talk. At first, they may feel nervous about speaking English. However, it is not necessary to speak perfect English or have long conversations. The most important thing is to try to talk with others.

During this program, there are many chances to talk with people at school, at work, and with homestay families. By greeting people and having simple conversations, students can learn more about others and improve their English little by little. In my case, I tried to start small conversations, such as greeting the bus driver or talking with coworkers. These small talks helped me become more comfortable speaking English.

I also recommend preparing to talk a little about Japan in English. People may ask about Japanese culture or daily life. Knowing some information and vocabulary about Japan

can help students communicate more easily.

Even though the program is short, it offers many valuable learning opportunities. I hope future students will enjoy the experience and try many new things.

Working experience in AUS

1. What were the most important or interesting things that you learned?

Participating in the work experience program in Australia was a very valuable opportunity for me. During the five weeks, I was able to improve my English skills, learn about the Australian workplace, and discover new things about myself. Through this experience, I gained not only language skills but also confidence and a broader perspective.

First, one of the most important things I learned about English is that communication is more important than perfect grammar. Before coming to Australia, I was often afraid of making mistakes when speaking English, so I sometimes hesitated to speak. However, after arriving in Australia, I realized that people focus more on understanding each other than on small grammatical errors. Even if my sentences were not perfect, people tried to understand what I wanted to say. This experience helped me understand that trying to communicate is much more important than worrying about mistakes.

Another thing I learned about English is the importance of small talk. In Australia, people often have casual conversations about the weather, weekend plans, or daily life. At first, I was not used to this kind of conversation, but I gradually realized that small talk is an important way to build relationships with people in the workplace.

2. What is your most special memory from the program?

During my workplace experience, I worked at a real estate company called iProperty Realty. At this company, I was able to observe how the real estate business operates and assist with some basic office tasks. Through this experience, I learned how people communicate and work together in an Australian workplace.

Compared to Japan, the workplace atmosphere seemed more relaxed and friendly. There was less emphasis on hierarchy between managers and employees, and people communicated openly with each other. I felt that people in the workplace had good relationships and often talked about topics other than work. This kind of communication seemed to create a comfortable working environment.

Another important thing I learned from this experience was about myself. The most important lesson for me was the importance of challenging myself. At the beginning of the program, I felt very nervous about speaking English. Sometimes I felt discouraged when people could not understand what I was trying to say. However, I gradually learned that if I tried my best to communicate, people would understand me. This experience taught me that it is important not to be afraid of making mistakes and to keep trying.

My most special memory from the program was having dinner with people from my workplace. On that day, not only people from my workplace but also some of their friends joined us. It was a very enjoyable time because I was able to talk with many different people.

During the dinner, I met someone who also liked running, which is a hobby we had in common. Because of this shared interest, we quickly became friends. On the night before the last day of the program, we went running together. Running together in Australia with people I met there was a very special experience for me.

3. Do you have any suggestions for improving the program?

Although the program was a very meaningful experience, I think there are some ways it could be improved. For example, it would be helpful if students had more opportunities to become familiar with Australian English before starting the workplace experience. I found that the Australian accent was quite difficult to understand, and I could not completely get used to it during the program. When the person speaking was Australian, I sometimes had difficulty understanding what they were saying. Because of this, I think it would be useful for students to listen to Australian English in advance.

Another suggestion is to practice telephone communication before the internship. I learned about phone communication at Griffith University, but I realized that it would have been helpful to practice it more beforehand. In my case, I struggled with answering the phone at work. Since phone communication can be difficult even in Japanese, practicing it in English before the internship would help students feel more confident in the workplace.

4. What advice would you give to the students going to participate in this program next year?

Finally, my advice for students who will participate in this program next year is to be proactive and speak English as much as possible. Even though the program is only five weeks long, students can improve their English significantly if they actively use the language. During the last two weeks of my workplace experience, I started to speak English more actively and stopped being afraid of making mistakes. As a result, I gradually became better at understanding what people were saying, and I was also able to express my own ideas more confidently. When you actively communicate with others, it becomes much easier to build relationships, and the experience becomes much more enjoyable.

Overall, this program was a very valuable experience for me. I learned not only about English and workplace culture but also about the importance of challenging myself. I believe this experience will be very helpful for my future.