

名古屋外国語大学海外派遣プログラム成果報告書

2025 年 8 月 29 日

学部・学科名 現代国際学部

担当教員氏名 木村茂雄・ムーディ美穂

1. 区分	中期留学 ・ <u>語学研修</u> ・ 海外実習
2. プログラム名称	ワイカト大学 春季集中研修プログラム
3. 渡航先国名	ニュージーランド
4. 派遣期間	2025 年 2 月 7 日（金）～ 2025 年 3 月 10 日（月） 32 日間
5. 派遣先教育機関名	ワイカト大学 ハミルトン校
6. 参加学生数	25 名
7. 派遣目的	英語が公用語として話されている国で英語を勉強するとともに、その土地の文化及び社会等を直に学ぶこと。
8. 派遣内容	General English コースでは、英語を実践的に使用するためのスキルの習得を目指した授業が行われ、とりわけリスニング・スピーキングおよび発音に重点が置かれています。宿泊形態はホームステイで、ホストファミリーはワイカト大学の厳しいチェックで厳選された登録ファミリーで、留学生を家族の一員として温かく迎えてくれます。春休みを有意義に過ごしたい、ホームステイを体験したい、中期留学・長期留学前の準備として海外生活を経験しておきたいと思っている学生にとって、最適のプログラムです。
9. 成果	研修参加学生の帰国後のアンケートでは以下のような成果が挙げられていた。 ・主にリスニングと英語でプレゼンをする力が今回一番身についた。少しでも気を抜くとすぐに聴き逃してついていけなくなることが何度もあったが、特に聞くことに集中し

	<p>た。話すこと(speaking)はあまり得意ではないが、英語で会話することが当たり前なので日本語で考えるより先に英語が頭に浮かぶことが語学力向上にとってもいい刺激だと感じた。</p> <p>・聞き取れなかったホストファミリーの会話を聞き取れるようになった。相槌のレパトリーが増えた。韓国人の学生との会話を通して日本人同士とはまた違った英語の表現方法を学べた。英語に対してのモチベがあがった。日本各地の学生と関わった。渡航前より積極的になれた。</p> <p>・英語を話すことに抵抗感がなくなった。様々な地域から生徒が来ていたため視野が広がった。</p>
10. 備考	なし

以上

New Zealand Report

Through this New Zealand study program, I had a lot of wonderful experiences. I gained a lot of new learning and insights that I cannot gain in my usual school life. This program was a big chance not only to learn English but also to experience different culture and various values and to take a renewed look at myself. Even though this program was a short one, each day in New Zealand was full of special moments that I will never forget. I learned and felt a lot of things through this valuable opportunity. However, there are a few experiences that were especially meaningful and memorable for me.

First of all, I met a lot of new people in New Zealand. This was the first time that I went abroad not as a tourist, so I felt both excitement and nervousness at the beginning. I was worried about new people, new food, new culture, and of course the language barrier. However, after I arrived at New Zealand, my worries disappeared quickly. My host family welcomed me warmly, and teachers and students at school were kind and friendly. So, I was able to spend every day comfortably. I had a lot of chances to talk with my host mother, to go on day trips with her, to make local friends through school activities, and to join dinner at my friend's host family. These experiences made me feel very happy and helped me to learn many things.

Second, I learned that it is very important to try to understand differences. This was the biggest thing that I had learned in this program. Of course, life in New Zealand was not all good and easy. It had both good and difficult points. Sometimes I had trouble communicating with my host mother or had difficulties with English. I felt frustrated when I could not explain my feelings well in English. Also, my host mother was deaf, so sometimes it was hard for me to communicate. However, I realized that when there is a problem, it is better to express my feelings honestly and try to understand the other person than just avoiding the problem. This experience helped me to solve many kinds of troubles. Also, I became interested in learning more about different lifestyles and communication. My host mother taught me New Zealand Sign Language, and I could learn about the lives of deaf people. In addition, there was Māori persons in my host family. I asked them many questions to learn more about Māori culture because I was interested in it. They cooked Māori food for me and taught me about their traditions. I was very happy to learn from them. Before joining this program, I thought understanding differences meant just accepting them without rejecting them. However, I think now that it is only the first step to understanding differences. It is more important to try to connect with people and understand them deeply.

I also learned a lot of things about English. I noticed that real English in daily life is different from what I study in textbooks. I learned many natural expressions and improved little by little my listening and speaking skills in English. I realized that communication is not only about perfect grammar, but also about trying to share my thoughts and feelings.

Through this program, I also discovered a lot of things about myself. I found that I really want to connect with people, even if there is a language or culture barrier. I also learned that I could adapt to new situations and grow through challenges.

My most special memory is weekend trips with my host mother. We visited beautiful nature spots and talked a lot about our cultures. Even though I did not always use perfect words, I felt our hearts connected.

Finally, my advice for next year's students who participate in this New Zealand study program is that you should not be afraid and shy to try. Even if you make mistakes, it is okay. Everything that you experience in New Zealand will help you to grow. You should be more active, talk to a lot of new people, and enjoy everything. This program will give you special memories and lessons that you will never forget.

New Zealand Report

This New Zealand program was my first overseas study program. This experience not only improved my English skills, but also helped me grow and broaden my perspective and gain new ways of thinking. In this essay, I will share with you what I felt was important during my study abroad, special memories from my study abroad experience, suggestions for improving this program, and advice for future participants.

1. What were the most important or interesting things that you learned:

1) About English

One of the most important things I learned about English during the program was the richness and diversity of the language. English is more than just a means of communication; it is a reflection of diverse cultures and histories of its speakers. I was particularly fascinated by the variety of accents, dialects, and idiomatic expressions used in different parts of the world. My class teacher was from India and my host mother was from New Zealand. By learning different accents, as well as idiomatic expressions commonly used in New Zealand, I was able to learn anew that there are various ways to express oneself even in the same language. Interacting with native speakers and other participants made me aware of nuances in English that I had overlooked before.

2) About New Zealand life and culture

I felt that people of New Zealand respect the diversity of people, and value very highly the culture of the indigenous Maori people. During my study in New Zealand, I visited the Waikato Museum and Te Puia. I was able to learn there about Maori culture and history, and I was able to see Maori crafts being made. I also saw Maori flags displayed in various places in the city. I felt that people of New Zealand value the culture and history of the indigenous people.

3) About myself

The important thing I learned from this program was not to be afraid of failure. Before studying abroad, I was worried about my English ability, but people of New Zealand were very warm, and they tried to listen to my English when I tried to be brave enough to speak. I felt that there are lessons that can only be learned by talking to local people, and I felt that it is important to take up challenges and not be afraid of failure.

2. What is your most special memory from the program?

One of my special memories of this program was the English Club that was held every

Thursday. I participated in this activity because I heard that it was an opportunity to speak with local students in English. In the first week of the English Club, we were divided into groups of five and discussed each other's hometowns and recommended sightseeing spots in English. This activity was very meaningful not only to improve my speaking and listening skills, but also to exchange information about different cultures and to learn more about New Zealand.

Second, I went to a rugby match with my host mother. We both enjoy watching sports, so we watched a rugby game together. It was my first time to watch a rugby game, and I was excited not only by the game but also by the pre-game haka performance and the half-time singing performance. The local fans were warm and friendly, and I was happy to be able to enjoy the excitement with them.

3. Do you have any suggestions for improving the program?

I believe that the program would be improved by providing more opportunities to interact with local students. There were times when I could not attend the English Club, which was held on Thursdays. By increasing opportunities to interact with local students, I thought we could learn more about practical English and culture.

4. What advice would you give to the students going to participate in this program next year?

To future participants, I would advise as follows. Embrace every moment of this experience. Be open to new ideas, engage with your peers, and don't hesitate to step outside your comfort zone. The connections you make and the lessons you learn will shape your perspective in ways you cannot yet imagine. Make the most of every opportunity, whether it's participating in cultural events, joining clubs, or simply exploring the stunning landscapes of New Zealand. Finally, remember that this program is as much about personal growth as it is about language acquisition.

This New Zealand program made me realize the importance of taking on challenges and of knowing the diversity of languages and cultures of the local people when learning a language. I would like to continue to study hard on the basis of what I have learned in this program.

New Zealand Report

1. What were the most important or interesting things that you learned:

i) About English?

I learned that it is important to speak English without worrying about mistakes. In Japan, people focus too much on correct grammar, so they tend to feel nervous of speaking because they're afraid of making mistakes. But in New Zealand, even if I make some mistakes, others try to understand me. I realized that just talking is the fastest way to improve. Also, I notice that many people in New Zealand use simple words to communicate, so I do not need to use difficult words to have a conversation. Even with my limited vocabulary, I could talk to many people and understand them. I felt happy when people understood what I said.

ii) About New Zealand life and culture?

People in New Zealand are very friendly, and I was impressed by the culture of greeting even strangers casually. Many people asked me, "Where are you from?" or said, "Japan is a great country!" I was also surprised that there was no discrimination. I had been a little scared of discrimination towards Asians, but I saw that there are many people from different countries like India and China, and nobody treats each other badly. There is no discrimination.

I also noticed that they are not as strict about time as Japanese and feel more relaxed. I often see news about this on social media in Japan, but when I experienced it, I thought it was nice and peaceful.

I was also surprised that many stores close so early. The shops close by 3 or 4 pm, and shopping malls close at 6 pm. I thought, "If they open their stores longer, they could make more money!" But I realized that people in New Zealand think their personal and family time is more important than earning money.

iii) About yourself?

I realized that I could challenge many things than I had thought. At first, I was scared to speak English, but when I tried to talk, I found that people could understand me more than I had expected, and I realized that it's okay to make mistakes. Also, I have started do things by myself more than I did when I was in Japan, and I feel more confident.

2. What is your most special memory from the programme?

I watched a sheep show with my friends. It was my first time to see sheep so close. There were also cows and dogs, and we could try milking a cow and feeding milk to a baby sheep. It was a very fun show. The show was very interesting because the staff introduced different kinds of sheep and explained how they took care of them. The sheep were very cute, and some of them had a lot of fluffy wool. At the end of the show, we had free time to touch sheep and take pictures. I love animals, so this memory is very special for me.

3. Do you have any suggestions for improving the programme?

No, I don't have any suggestions for improving the programme. Everything was great. I enjoyed all the activities, and I learned a lot!

4. What advice would you give to the students going to participate in this programme next year?

I think it is important to try everything. For example, you can volunteer as a native speaker in Japanese class, go to a cashier instead of using the self-checkout at a supermarket, or try talking to people even if you are not good at English. You have come to New Zealand to learn English, so just challenge yourself! If you make mistakes, that's also an experience. You can think about how to avoid mistakes next time.

Both learning English and daily life are tough things, but it is only for a month. No one really cares about your mistakes, so don't be shy! Just keep trying!

Even though people in New Zealand are kind and friendly, you will not make local friends unless you start a conversation with them. And if you always stay with other Japanese people, it's even harder for others to approach you. Go and make 100 friends!!

Also, I recommend bringing some Japanese snacks or souvenirs. I didn't bring any Japanese food with me, and after a while, I really started missing it. I wanted to eat rice, miso soup, and Japanese snacks! But my teachers and friends gave me a lot of Japanese food. They shared instant miso soup, and other snacks with me. I realized how much I love Japanese food and how important it is to me. If you bring some Japanese snacks, you won't feel so homesick, and you can also share them with your host family and new friends. It is a great way to introduce Japanese culture and start a fun conversation.

Finally, enjoy every moment! One month is short, so don't waste time. Even if you feel nervous or homesick at first, just try to enjoy everything. You will have a great experience!